

NEWS RELEASE



IDEAS REALIZED.

1495 Steiger Lake Lane
Victoria, Minnesota 55386
952-443-2500

CONTACTS:

Mark B. Thomas, CEO

For Immediate Release

HEI, Inc. Announces Results for the First Quarter Fiscal 2009

MINNEAPOLIS, May 22, 2009 -- HEI, Inc. (Pink Sheets: HEII; <http://www.heii.com>) today announced its financial results for its first quarter of fiscal year 2009, which ended April 4, 2009.

Net sales for the first quarter were \$8,883,000 compared to \$9,183,000 for the first quarter of fiscal year 2008. The Company generated net income of \$268,000 for the first quarter of fiscal year 2009 compared to a net loss of (\$440,000) for the same period of fiscal year 2008.

HEI CEO, Mark B. Thomas, remarked: "The improvements and restructuring that we have done over the past two years in Victoria and Tempe and over the past six months in Boulder have positioned us so that we can better deal with the current uncertainties in the marketplace. However, the current economic conditions are having an impact on the demand for our customer's products along with substantial pricing pressures for the products that we build. We continue to work with our current customers and to pursue new customer opportunities in an effort to reduce the impact on HEI and its operations and to position the company for growth."

HEI, Inc. designs, develops and manufactures ultra-miniature microelectronics, substrates, systems, and connectivity and software solutions for customers engaged in the medical, hearing, telecommunications, and industrial markets. HEI provides its customers with a single point of contact that can take an idea from inception to a fully functional and cost effective product utilizing innovative design solutions and by the application of state-of-the-art materials, processes and manufacturing capabilities.

Headquarters & Microelectronics Division
-Advanced Medical Division
-High Density Interconnect Division

PO Box 5000, 1495 Steiger Lake Lane, Victoria, MN 55386
4801 North 63rd Street, Boulder, CO 80301
610 South Rockford Drive, Tempe, AZ 85281

FORWARD LOOKING INFORMATION

Information in this news release, which is not historical, includes forward-looking statements made pursuant to the safe harbor provisions of the Private Securities Litigation Reform Act of 1995 that involve substantial risks and uncertainties. You can identify these statements by forward-looking words such as "may," "will," "expect," "anticipate," "believe," "intend," "estimate," "continue," and similar words. Statements contained in this press release, including the implementation of business strategies, growth of specific markets, improved results and the estimated HEI revenue, cash flow and profits, are forward looking statements. All of such forward-looking statements involve risks and uncertainties including, without limitation, continuing adverse business and market conditions, the ability of HEI to secure and satisfy customers, the availability and cost of materials from HEI's suppliers, our ability to satisfy financial or other obligations or covenants set forth in our financing agreements, adverse competitive developments, change in or cancellation of customer requirements, collection of receivables and outstanding debt, HEI's ability to control fixed and variable operating expenses, and other risks detailed in previous HEI SEC filings. Since HEI is no longer reporting to the SEC, readers are cautioned to weigh the potential for additional risk factors based on ongoing business activities and the current economic conditions in the world economy. The information set forth herein should be read in light of such risks. We undertake no obligation to update these statements to reflect ensuing events or circumstances, or subsequent actual results.